

Appendix 2: Counseling Points and Handouts by Well Visit

4 months

ACE Score completed

How are you and your partner getting along?

What are you doing to take care of yourself?

Offer of resources: parenting classes, parental mental health

Handout: Parenting your infant

6 months

Modeling behavior: How do you and your partner handle conflict?

How did your parents handle conflict with each other and with you?

Handout: How do Infants Learn?

Social connections exercise from Connected Kids

9 months

When your child is doing something good, how do you encourage him / her?

Does your child hit or bite? If so, how do you handle this?

ASQ / Zero to Three Activities handouts of parents' choice

12 months

What do you enjoy about your child?

What upsets you the most about your child's behavior?

How much TV exposure?

15 months

What do you enjoy about your child?

What upsets you the most about your child's behavior?

Handout: Teaching Good Behavior: Tips on How to Discipline

18 months

What makes you most proud of your child?

What is your child good at doing?

Handout: Playing is how Toddlers Learn

2 years

What makes you most proud of your child?

What is your child good at doing?

ASQ / Zero to Three activities handouts of parents' choice

3 years

What opportunities does your child have to play with other children?

How does your child express anger?

How do you decide where and when your child spends time away from you?

Handout: Young Children Learn a Lot When They Play