

THE PROGRAM

WELCOME: THE TIME IS NOW FOR A TRAUMA-INFORMED CARE COMMUNITY

Susie Wiet, MD (Chair): Adjunct faculty, at the University of Utah and is boarded in psychiatry (general and child/adolescent) and addiction medicine. Her clinical expertise is assessing and treating victims of multiple traumas with co-morbid addiction and/or chronic illnesses. She teaches multidisciplinary clinicians to effectively screen for trauma and comprehensively treat post-traumatic stress disorder. Dr. Wiet is the Director of Psychiatric Services, Consultant for the primary care integration clinic and the Chief of Adolescent Addiction Resident Training at Odyssey House of Utah. She will soon be the medical director for Utah's first ACT team at Volunteers of America of Utah. She has served as Medical Director for several programs at the University of Utah Neuropsychiatric Institute and Valley Mental Health. She is the past president of the Utah Chapter of AACAP and has participated in pediatric educational programs (UPIQ and Medical HOME Portal). Dr. Wiet believes that a focused and multidisciplinary effort of raising awareness about the long-term implications of toxic trauma will seed the community for improving health, by building resiliency and increasing prevention.

MORNING: NATIONAL BOARD MEMBERS OF THE ACADEMY ON VIOLENCE AND ABUSE (AVA)

The Adverse Childhood Experience Study (ACEs): Implications of Long-Term Effects

Randy Alexander, MD: Clinical Professor, Pediatrics, at the University of Florida, College of Medicine is on the International Advisory Board for the National Center on Shaken Baby Syndrome, has been on the committee on Child Abuse and Neglect for the American Academy of Pediatrics, and the boards of the American Professional Society on the Abuse of Children (APSAC) and Prevent Child Abuse America. He has been actively involved in child abuse prevention nationally. Dr. Alexander is the Statewide Medical Director of the Child Protection Team and Chief, Division of Child Protection and Forensic Pediatrics. He also serves on the Death Review Committees in Iowa, Georgia and Florida and is a member of the Board for the International Society for the Prevention of Child Abuse and Neglect (ISPCAN).

Neurobiological Changes from Toxic Stress

Brooks Keeshin, MD is an Assistant Professor in the University of Utah Department of Pediatrics Division of Child, Protection and Family Health. He provides care in child abuse pediatrics and post-trauma exposure child psychiatry. In addition to clinical work, Dr. Keeshin researches the acute biological and psychological changes in children after exposure to trauma and abuse, and in developing early intervention programs for PTSD among trauma-exposed children. During his fellowship in child abuse pediatrics at Cincinnati Children's Hospital Medical Center, Dr. Keeshin focused on neuroendocrine changes in recently sexually abused adolescent girls and risk factors for future abuse among families previously involved with children's services. Dr. Keeshin is a board member of the Academy on Violence and Abuse (AVA).

Inter Partner Violence: A Necessity to Identify

Kathy Franchek-Roa, MD: Assistant Professor of Pediatrics at the University Of Utah School Of Medicine. She sees patients with residents and medical students in the Teen Mother and Child Program at the South Main Health Department Clinic. She developed a curriculum to teach residents about the role of the health care provider in identifying and assisting victims of domestic violence and is currently teaching this curriculum to Residents at the University Of Utah School Of Medicine. As Chair of the Utah Domestic Violence Coalition Health Care Workgroup, Dr. Franchek-Roa also provides this training to health care providers throughout the State of Utah. She is the Chair of the University of Utah Health Care Domestic Violence Task Force, which has developed guidelines for the identification of and interventions for patients who are victims of abuse, neglect and/or exploitation.

Educating the Community: Health Impact of Violence and Abuse

Dave Corwin, MD: Professor of Pediatrics and former Medical Director of Primary Children's Center for Safe and Healthy Families at the University of Utah School of Medicine. He is board certified in Psychiatry, Child Psychiatry and Forensic Psychiatry. Dr. Corwin currently chairs the National Health Collaborative on Violence and Abuse and is a founder and member of the Executive Committee for the Academy on Violence and Abuse. Dr. Corwin is also a founder of the Helper Society, a society for physicians specializing in child abuse work. He chaired the group that founded the American Professional Society on the Abuse of Children (APSAC) in 1986. Dr. Corwin is a nationally and internationally recognized expert on child abuse and has received numerous national awards for his dedicated work.

Mary-Beth Vogel-Ferguson, PhD: is currently the principal investigator of the FEP Study of Utah, a research partnership with Utah's Department of Workforce Services (DWS). For the past 14 years she has directed multiple studies and program evaluations with state and regional level government agencies, exploring the characteristics and needs of various low income populations, primarily cash assistance recipients. She has assisted all levels of agency management, from senior leadership to front line workers, in using the data for program and policy development. In 2008, Dr. Vogel-Ferguson joined the faculty of the College of Social Work at the University of Utah and teaches research at the master's level. She continues to provide workshops for local and national welfare agency administrators, research bodies and social work groups addressing issues related to welfare policy, poverty and serving the diverse welfare population.

AFTERNOON: LOCAL EXPERTS, SURVIVORS AND AGENCIES

Starting with the Children

Brian Miller, PhD (The Children’s Center): director of the Trauma Program for Families with Young Children at The Children’s Center in Salt Lake City. Dr. Miller has worked in a variety of mental health policy and treatment settings, including roles as Salt Lake County Mental Health Director, Clinical Director of Davis Behavioral Health, Associate Director of the State Division of Mental Health, and private practitioner. He holds a Ph.D. from Case Western Reserve in Cleveland, Ohio, where he was a Mandel Leadership Fellow. He currently serves as board president for the National Alliance on Mental Illness, Utah Chapter.

Carol Anderson, MEd (Utah State Office of Education, Education Specialist): the Educational Specialist for the Utah State Office of Education over behavioral supports and mental health needs. She has been involved in state policy development, research, model programs demonstration, and oversight of a federal grant on the integration of school based mental health services. She has worked in special education for 24 years and has a variety of experiences in the field. Prior to joining the staff at USOE she served as a speech language therapist, CD/LD cluster unit teacher, special education teacher and district coordinator. Carol earned two bachelor degrees and a M. Ed. in Special Education from the University Of Utah. Her specialty areas include IDEA discipline procedures, least restrictive behavioral interventions, functional assessment, mental health issues and proactive discipline systems.

Adults Bear the Long-Term Costs

Steve Allen, PhD (Veterans Affairs Medical Center) Post-Traumatic Stress Disorder Clinical Team Director.

Kristan Warnick, CMHC (Trauma Informed Care Network-Utah, Founder) *founder of* Healing Pathways Therapy Center where therapists are trained in trauma resolution modalities and provide individual, couples, and family therapy. She has been in private practice for 5 years and previous to that worked as a school psychologist for 13 years for public schools in Utah and Alaska. She also served as a faculty member at Brigham Young University in the Counseling Psychology and Special Education Department from 2008-2013 where she taught graduate students and served as coordinator for the school psychology internship and practicum programs. She is currently working with the University of Utah providing supervision for students in their counseling program. Kristan started the Trauma Informed Care Network of Utah. *She facilitates monthly education meetings for medical and mental health professionals and community members on trauma related topics, promotes outreach efforts in the community.*

Panel Discussion: Prevention of Trauma in the Community

Trina Taylor (Prevent Child Abuse – Utah, Executive Director): Trina has been with PCAU since 1996 and has worked in the field of child abuse and neglect for 22 years, serving many roles. She is a graduate from Weber State University, with a bachelor’s degree in social work. Trina has worked as a caseworker for the Division of Child and Family Services working with inner-city Spanish speaking families, as well an Educator for the Center for Family Development. In this capacity she taught convicted sex offenders transitioning from prison to the community, focusing on skill-development for appropriate and successful societal integration. She has four amazing children and a super dedicated and supportive husband.

Kami Peterson MS RN CBPN-IC (Public Health Nursing Bureau Manager, Family Health Services): Kami is a registered nurse with a master’s degree in Community Health. She has worked at the Salt Lake County Health Department for 27 years, serving many roles, including program development, in a variety of public health concerns. She developed the initial bio-terrorism pharmacological distribution plan for the Salt Lake County Health Department. She worked extensively with early childhood home visitation programs both as a home visitor and manager. These programs include, Infant Development, Jordan School District EIP, Prenatal to 5, Medicaid Early Childhood Targeted Case Management, and the Nurse Family Partnership Program.

Renee Olesen, MD (pediatrician, IHC): provides full spectrum pediatric services with special interest in preventive health care, promoting positive parenting skills, fitness, mental health, developmental and behavioral medicine. She has been actively involved as a clinical instructor and a child advocate for early childhood health, safety and enrichment. Most recently, she was recipient of a *Healthy Futures* grant to improve health outcomes for young children in Utah. She is the spokesperson for Quality Child Care Public Awareness Campaign, Quality Recognition and Information Systems and is the Physician-Representative for Early Childhood Utah-State Advisory Council and Early Childhood Development Expert affiliated with the Department of Workforce Services.

Mark Manazer, PhD (Volunteers of America of Utah, Chief Operating Officer): Dr. Manazer is a Licensed Clinical Psychologist with more than thirty years of experience in treatment services and administration of human services programs. Dr. Manazer provides clinical oversight of the Homeless Youth Resource Center programs. Since 1999, he has provided weekly clinical supervision for the chronic homeless projects. He has participated in the policy academy related to chronic homelessness in 2003.

Jennifer Oxborrow, MSW (Utah Division of Child and Family Services): Domestic Violence Program Administrator.

Panel Discussion: Survivors in Recovery from Trauma

Five panelists discuss their journey through trauma as a consumer of services and community systems

Panel Discussion: Agencies Integrating Principles of Building a Trauma Informed Community

Becky Johnson, LCSW (Quality Assurance Auditor) Utah Division of Child and Family Services: certified in Drug & Alcohol Counseling from the University of Utah (2002), and a Master of Social Work degree from the University of Utah (2004). She has worked for the State of Utah, Department of Human Services since 1998 in the following positions: Child Protective Services Investigator, Contract Specialist, Family Drug Court Case Manager, Therapist at the Utah State Hospital Children's Unit, and currently works as a Quality Assurance Auditor for the Division of Child & Family Services. She provided outpatient therapy for children, adolescents and adults in private practice settings and is certified as a Yoga Therapist (InBody Academy, 2012) and envisions building a yoga therapy practice targeting trauma, anxiety disorders and chronic pain management.

Lisa Arbogast, MEd, JD (Utah Board of Education, Coordinator of Law and Policy, Special Ed): since 2005, Lisa Arbogast has worked at the Utah State Office of Education as the Special Education Coordinator for Law and Compliance; prior to that, she served as a special education teacher and returned to attain her master degree in education then Juris Doctorate with an additional certificate in alternative dispute resolution. She is part of the USOE team that provides technical assistance and professional development to Utah's public schools, parents and stakeholders to improve educational outcomes for students with disabilities. She has oversight of USOE special education law and the dispute resolution system, which includes training and organizing facilitators, mediators, and due process hearing officers. She works closely with Utah agencies (public and private) to facilitate understanding of special education issues, coordination of services and improvement of educational outcomes for Utah students. She is an adjunct faculty for Weber State University and is recognized regionally and nationally by universities for teaching on special education law.

David Sundwall, MD (University of Utah School of Medicine, Division of Public Health): Clinical Professor, Family Practice and Public Health at the University of Utah, Georgetown University. Dr. Sundwall has been recognized for his professional achievements and contributions to healthcare policy and advocacy. He has held numerous positions in the public health sector at the national and state levels. Dr. Sundwall has served as an advisor, task force member and chairman of numerous committees involved with public health policy and quality including those connected with the CDC and FDA. His federal experience has included serving as the Assistant Surgeon General for the U.S. Public Health Service and had adjunct responsibilities at the Department of Health and Human Services (HHS). After 23 years of working in various government and private sector health positions in Washington, D.C., he returned to Utah to lead the Utah Department of Health from 2005 - 2001.

Doug Thomas, LCSW (Utah Division of Substance Abuse and Mental Health, Director): has worked in the mental health and substance abuse field for over 18 years. His work experience includes administrative, clinical and support service roles in community mental health and substance abuse treatment and recovery programs. Doug has worked in both urban and rural settings and was previously the Director in Tooele County, specializing in implementing evidence based service delivery models and expanding mental health and substance abuse prevention and treatment. Doug graduated from BYU with a Bachelor's Degree in Psychology with a minor in Spanish and later from the University of Utah with a Masters of Social Work Degree. He loves to read historical biographies and play, coach and watch soccer. His favorite past time is spending time with his wife and children.

Dorothy Tomiko Hall, LCSW (Utah Department of Workforce Services): is the State program manager for the Family Employment Program and LCT Clinical Services. She has been an advocate for vulnerable families since entering into the field of social work in 1989. She has over 20 years of clinical experience in the public and private sectors combined of California, Oklahoma, Texas, and Utah. She has had the privilege of working with people of all ages, ethnic backgrounds and socioeconomic levels. She has been with DWS since 2002 and frequently provides directly clinical services to DWS customers across the state to increase her appreciation for families in need of supportive services, to expand her working knowledge of DWS services, and to stay connected with staff.