



Parents Helping Parents supports, educates, and inspires families and the community to build bright futures for youth and adults with special needs.

www.php.com |



We are Parents Helping Parents

Supporting families since 1976, PHP has a national reputation for being a trusted source of information for parents, caregivers, youth and adults with special needs.

At Parents Helping Parents, we believe that together we can change the world, one child at a time, one family at a time, one community at a time.



How PHP Helps Families



PHP provides information based on an individual's disability, diagnosis or concern, age, and grade in school.

PHP teaches families about their educational rights and the special education process.

PHP understands the benefits of assistive technology.

PHP explains transitions in a person's life and how to navigate them.



Information anytime, anywhere...

PHP understands that families need access to critical information on their own schedules.

The PHP E-Learning Library includes videos, podcasts, and e-packets on a wide variety of topics.

Families can access relevant, up-to-date content on special education, assistive technology, public benefits and more, anytime, anywhere.

ADULTS WITH DEVELOPMENTAL DISABILITIES 

ASSISTIVE TECHNOLOGY 

BEHAVIOR 

COPING AND SUPPORT FOR FAMILIES 

COVID-19 RESOURCES FOR FAMILIES

EARLY CHILDHOOD 

FINANCIAL PLANNING 

GENERAL TOPIC VIDEOS

PERSON CENTERED PLANNING

PODCAST

PUBLIC BENEFITS 

RECENTLY ADDED

TRANSITION

YOUR CHILD AND SCHOOL 



The Journey of Learning Differently - A Family Interview



Learn from a PHP family's journey. Listen to how they navigated each new hurdle of struggling to learn with dyslexia.



Five Protective Factors to Strengthen Families: Part 1



This is part 1 of a webinar presented by Mary Ellen Peterson in October 2020, about the 5 Protective Factors to Strengthen Families, for Parents Helping Parents...



The Five Protective Factors to Strengthen Families: Part 2



This is part 2 of a webinar presented by Mary Ellen Peterson in October 2020, about the 5 Protective Factors to Strengthen Families, offered for FIRST 5 partn...



Get an Early Start: How to Connect with Us Online



This video will show you how to connect with the Get an Early Start Program at Parents Helping Parents on our website. It's a quick review of all the features a...



Helping a Student with Attention and Focus Challenges



Learn strategies for parents and teachers who want to help a child struggling with focus and attention, including ADHD.



Understanding Dyslexia and What Helps



This presentation covers the basics of what dyslexia is and how to support your child.

Hello! How can we help? 



E-LEARNING



DONATE

PHP Builds Connection & Support

PHP has many support groups, and connects parents and families facing similar situations.

PHP helps families make sense of the complex networks of care, services, and benefits for individuals with special needs at every stage of life.



Small Sample of Support Groups Currently Offered

Saving Our Sanity: Caregiver Support During the Pandemic		Cuidemos Nuestra Salud Emocional
Parents of Adult Children with Disabilities		Grupo para Padres de Adultos Jóvenes con Discapacidades de Desarrollo
Sharing the Journey	Chia sẻ hành trình	Compartiendo el Viaje

Benefits of Parent to Parent Support

Support Parent
Information

Mentor Parent
Matching
program

The experienced parents can share a lot of tips and resources that make daily living easier- from someone who has “been there”.

We work hard to match trained support parents to parents seeking support; with similar diagnosis, culture, geographic location, etc.



Building Bright Futures for Youth & Adults with Special Needs

Join the movement to build bright futures for children with special needs. Donate to PHP today!

Parents Helping Parents

www.php.com

info@php.com

408-727-5775