"THE IMPACT OF INFUSING TRAUMA INFORMED SYSTEMS OF CARE INTO BEHAVIORAL HEALTH GRADUATE PROGRAMS OF STUDY"

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The Two Practitioners made the list and were not Nationally Certified Clinicians at the time.
Creating a Resilient and Trauma-Informed Community (RTIC)

A framework to align the work of a community

Resilient and Trauma-Informed Community is a framework adopted by community partners. The Foundation of our collaborative effort is built upon what we have learned about Adverse Childhood Experiences (ACEs).

ACES influence adult health
More ACEs lead to an increased risk for poor mental and physical health outcomes.

Resilience can help
Resilience is the ability to bounce back. With appropriate supports and help, people can heal and thrive despite past experiences.

Trauma-Informed Care (TIC)
A perspective shift that promotes recovery and acknowledges the role of trauma in someone’s life.

Healing takes a village
Together, we are working to disrupt the cycle, strengthen resilience and restore lives. A whole community effort is needed to build a place that is connected, healthy and resilient.
KEY COMPONENTS IN CURRENT TRAINING

• Provide Didactic Training to 312 Trauma Fellows over the course of 11 year grant, their experimental agency supervisor, MSW faculty and staff, and community of care cluster professionals- 75 hours of in person training, 30 hours of online training, 12 hours of on demand web based training, 4 hours of hybrid training. At least 7 hours training directly with medical provider students from family practice and the PA program.

• Orientation Session for Trauma Fellows, supervisors, MSW faculty, core team, professional trainers, school of medicine partners and other stakeholders including a session on self care and vicarious trauma

• Clinical Case Presentations for the Trauma Fellows within group supervision clusters with agency supervisors, community trainers, core team, MSW faculty and staff

• Trauma Informed Community Presentation: Each Fellow is required to present on a trauma-informed topic within their clinical site agency or within the community. The topic is decided between the Fellow, their clinical site supervisor, and the community in which they are presenting to.
## Placement Sites

<table>
<thead>
<tr>
<th>Primary Behavioral Health Providers</th>
<th>Schools</th>
<th>Feeder Agencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stress and Trauma Treatment Center</td>
<td>5 Tri-County (2 ward; 1 murphysboro)</td>
<td>3 Project 12-Ways</td>
</tr>
<tr>
<td>CAPS</td>
<td>3 Thomas Elementary</td>
<td>1 Student Health and Wellness</td>
</tr>
<tr>
<td>Egyptian (SUD interest)</td>
<td>1 Lewis Elementary (4&amp;5)</td>
<td>1 Perry Jackson County CAC</td>
</tr>
<tr>
<td>Emerald Therapy</td>
<td>1 Vienna Highschool</td>
<td>1 DCFS</td>
</tr>
<tr>
<td>Arrowleaf</td>
<td>1 Parish Elementary</td>
<td>2 SIH Community Worker</td>
</tr>
<tr>
<td>Cornerstone Family Therapy</td>
<td>1 Herrin Jr. High</td>
<td>1</td>
</tr>
<tr>
<td>Centerstone</td>
<td>1 Kascaska SPED</td>
<td>1 Secondary</td>
</tr>
<tr>
<td>Marion VA Behavioral Health</td>
<td>1</td>
<td>1 Secondary</td>
</tr>
<tr>
<td>Shawnee Health Services (OSUDS)</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

| Total                               | 15                                | 2 Secondary                          |
|                                     |                                   | 1                                    |
| Anchored Hope Secondary as a CAC contract | 1 | 1 Secondary |

|                               | 10                                | 1 Secondary |
|                               |                                   | 1          |

|                               | 5                                 | 1          |
|                               |                                   | 1 Secondary|

|                               | 30                                | 4          |

|                               |                                   | 1          |
Do Social Work Students have Trauma?

ACE Score

1. A 20%
2. B 16%
3. C 16%
4. D 4%
5. E 12%
6. F 8%
7. G 12%
8. H 4%
9. I 8%
10. J 4%
10. K 8%

Prefer not to answer
PREVALENCE ACES
TRAUMA BASED BEHAVIORAL HEALTH FELLOWS

Original
Fellows
What Is My ACE Score?

- None: 13%
- One: 7%
- Two: 13%
- Three: 13%
- Four: 14%
- Five: 3%
- Six: 14%
- Seven: 7%
- Eight: 7%
- Nine: 1%
- Ten: 6%

Poll locked. Responses not accepted.
PREVALENCE ACES
REGIONAL ACADEMY MAY 4, 2019

Original ACES  Reg Academy Participants
COMPARISON TWO GROUPS IN SOUTHERN ILLINOIS
Celebrating Accomplishments

TF-CBT Providers Today

Map with red stars indicating locations.

Image of a group of people.

Graph showing pre and post knowledge test results for 2019-2021 cohorts.
Pre & Post Knowledge Tests for 2019-2021 Cohorts

Significant Difference
\( t(52) = -4.778, p < .001. \)
DISCUSSION

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