$https://www.catholiccharitiesscc.org/childrens-behavorial-health-services? locale=en {\bf Baby\ Steps\ Program}$

Catholic Charities' Baby Steps program provides in-home parent/child attachment and parenting support to pregnant women and infants, particularly those who have been impacted by the criminal justice system. Baby Steps staff works to concentrate on early attachment and those elements of early childhood that can be of concern to new mothers such as maternal depression, anxiety and high levels of stress. The inclusion of a parent/child group is also included as it works to build a natural community of support for caregivers, and to break the isolation and stigma they may be experiencing.

If you would like to schedule an appointment or learn more about your child's development and behavioral health contact:

Eduardo Fonseca Program Supvervisor (408) 283-6151 x315 efonseca@catholiccharitiesscc.org

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